

# Middle School 390

1930 Andrews Avenue Bronx, NY 10453

[www.ms390.com](http://www.ms390.com) Tel. 718-583-5501

---

## **HABIT 4: Think Win Win**

To think Win Win means that everyone can win. Seeing life as a cooperative arena, not a competitive one.

---

### **Think Win Win**

It's not me or you – it is both of us. Think win-win says there is plenty of good to go around. We can all be successful; we can all win. It is an abundant way of thinking. We are excited for the success of others. We have the courage to ask for what we want and compassion towards others. We use creative thinking to come up with a new solution that can make both of us happy.

### **Putting Habit 4 into Practice**

#### **Activity #1**

**Clarify Expectations.** It's really hard to win if you are playing by different rules. Make sure you are clear with your children, and in all your relationships, what the expectations are. When you use terms like reasonable, enough, on-time, clean, you may think you are being clear, but the other person may have a different idea of what that means. Can you be more precise?

#### **Activity #2**

##### **Applaud others**

Model being happy for others. "The Jones family got a new car. How great for them!" "Suzy got a new bike? I bet you were very happy for your friend." Have Family Celebration times. Around the dinner table or in a Family Meeting allow time for children and parents to share something they did well. Cheer for them as a family. Be careful not to compare your children. Praise each for their own accomplishments.



## Upcoming Events

### **January 1**

See Monthly Calendar

---

